PSYCHIATRY & PSYCHOLOGICAL TESTING



ADULT PSYCHIATRY



TEEN & CHILD PSYCHIATRY



MEDICATION MANAGEMENT



TELEPSYCHIATRY



AUTISM TESTING (AGES 1+)



ADULT & CHILD ADHD TESTING

TREATMENT FOR:

Anxiety Disorders, Attention-Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), Bipolar Disorders, Complex Post-Traumatic Stress Disorder (cPTSD), Depression, Dissociative Disorders, Eating Disorders, Grief, Hair Pulling, Hoarding Disorder, Mood Disorders, Obsessive-Compulsive Disorder (OCD), Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Seasonal Affective Disorder, Skin Picking, Substance Use Disorder (SUD).

ABOUT US

Counseling and Wellness Center of Pittsburgh, a woman-owned private practice with multiple locations throughout the Greater Pittsburgh Area, is proud to offer Psychiatric Services, Medication Management, and Psychological Testing.

At our center, we recognize the significance of not only addressing symptoms but also understanding the underlying factors contributing to your mental health concerns. Our dedicated Psychiatric Services and Psychological Testing Team are here to offer expert guidance and unwavering support throughout your mental health journey.

Explore tailored mental health services from our team of mental health professionals who bring a wealth of experience and a compassionate approach to every individual we serve. We are committed to creating a supportive environment where you feel heard, understood, and empowered.



PSYCHIATRY & PSYCHOLOGICAL TESTING

Pittsburgh
Cranberry
Greensburg
Monroeville
South Hills
Wexford

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PSYCHIATRY & PSYCHOLOGICAL TESTING

Counseling & Wellness
CENTER OF PITTSBURGH

412-856-WELL

COUNSELINGWELLNESSPGH.COM

IN-PERSON AND TELEPSYCHIATRY

We are dedicated to delivering comprehensive and compassionate psychiatric services, providing support and guidance to individuals navigating mental health challenges. Our psychiatric services team consists of experienced psychiatric nurse practitioners dedicated to employing personalized and evidence-based approaches.

Our initial step toward effective treatment involves a detailed psychiatric evaluation. This forms the basis for a personalized treatment plan, emphasizing your mental wellness as we work collaboratively for the best outcomes.

Additionally, we break down geographical barriers through telepsychiatry, offering accessible mental health care to individuals in Pittsburgh and across Pennsylvania. This flexible approach accommodates busy lives, ensuring timely support from the comfort of one's home.



PSYCHOLOGICAL TESTING

At the Counseling and Wellness Center of Pittsburgh, our psychological testing services offer a distinctive and specialized approach to addressing mental health concerns. We recognize the integral role of psychological testing in uncovering layers of mental well-being, whether it's gaining insight into a diagnosis, exploring personality facets, decoding cognitive patterns, or navigating specific challenges.

Incorporating various testing techniques, we ensure holistic evaluations for mental well-being in both adults and children, covering diverse areas such as:

- ADHD Testing (all ages)
- Autism Testing
- Personality Disorder Testing
- Cognitive Assessments
- Personality Profiling
- Behavioral Analysis

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MEDICATION MANAGEMENT

Medication Management can be an essential part of treatment for many people with mental illness as it can help to relieve symptoms and improve overall functioning. We create a customized treatment plan that includes the right type of medication that can help support your mental wellness.

CHILD AND TEEN PSYCHIATRY

Our experienced Child & Teen Psychiatric Nurse Practitioner, Neuropsychologists, and Behavioral Pediatrician provide individualized treatment plans for children and teens. We offer diagnostic evaluations, medication management, evidence-based interventions, and parental guidance. Collaborating with schools, we ensure comprehensive care and optimize the child's learning environment.

WE ACCEPT INSURANCE

We accept most major health insurances and self-pay. We also offer low cost and sliding scale options based on a person's income. Rather than a fixed fee, sliding scale therapists offer a cost range that slides up and down for individual clients.

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